

Our 2014 Vital Signs® mini report looks at health and well-being. We have selected some statistics, published by Public Health England in their annual Health Profiles, to highlight areas where Cambridgeshire performs above, and below, the national average.

# Cambridgeshire's VitalSigns®

In addition, in September 2014 we contacted 100 local people from the many charities and voluntary groups we support. We asked them about the contribution they felt the voluntary sector makes to tackling some local health issues, and how we should target our grant making. We have collated their responses for this report.

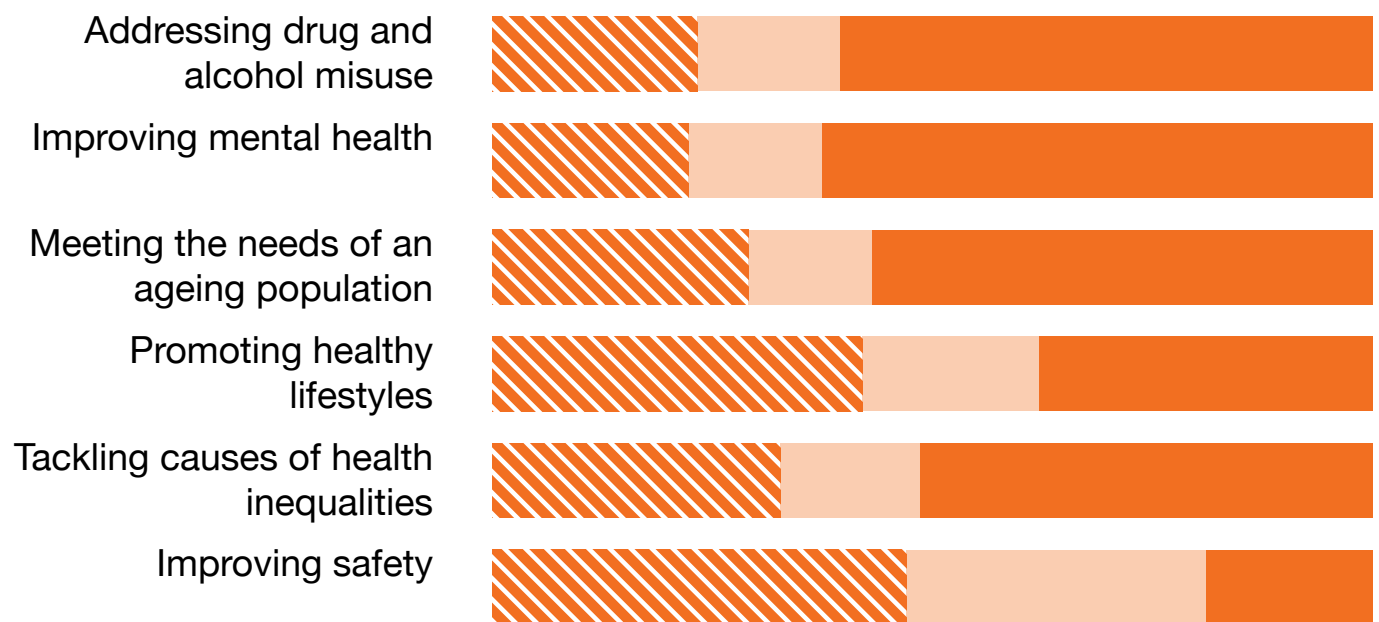
As for our 2013 full report, the aims for our 2014 Vital Signs® mini report are to help us:

- Better inform our donors about issues and opportunities in the community
- Assist us in making connections between individuals and groups to address those issues
- Set priorities and identify opportunities

In summary, we hope this report will be a catalyst for further conversation and consideration.

**Cambridgeshire Community Foundation  
October 2014**

## What contribution, if any, does the charitable sector make to local health priorities?



Respondent felt there is little or no contribution



Respondent had no knowledge of the contribution

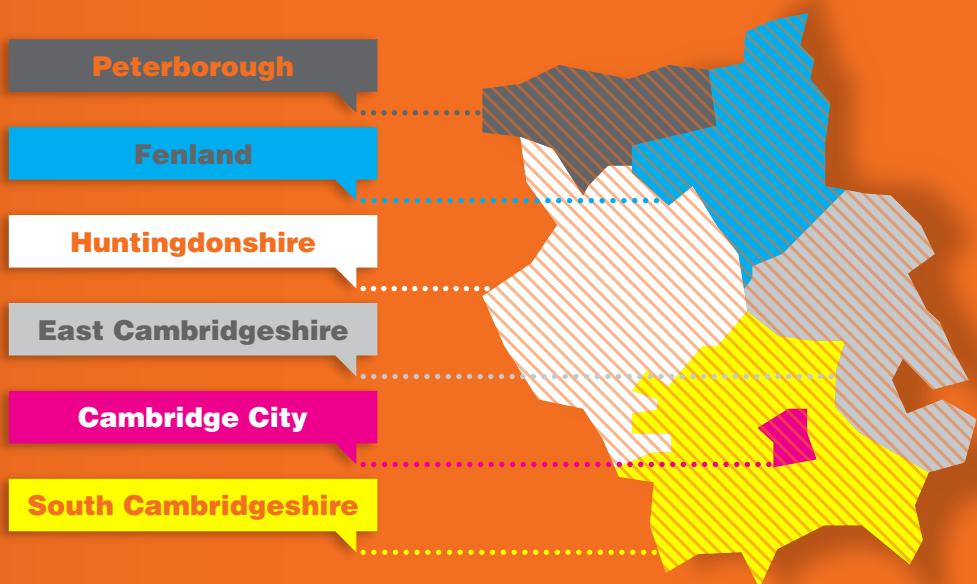


Respondent felt there is a positive or highly significant contribution



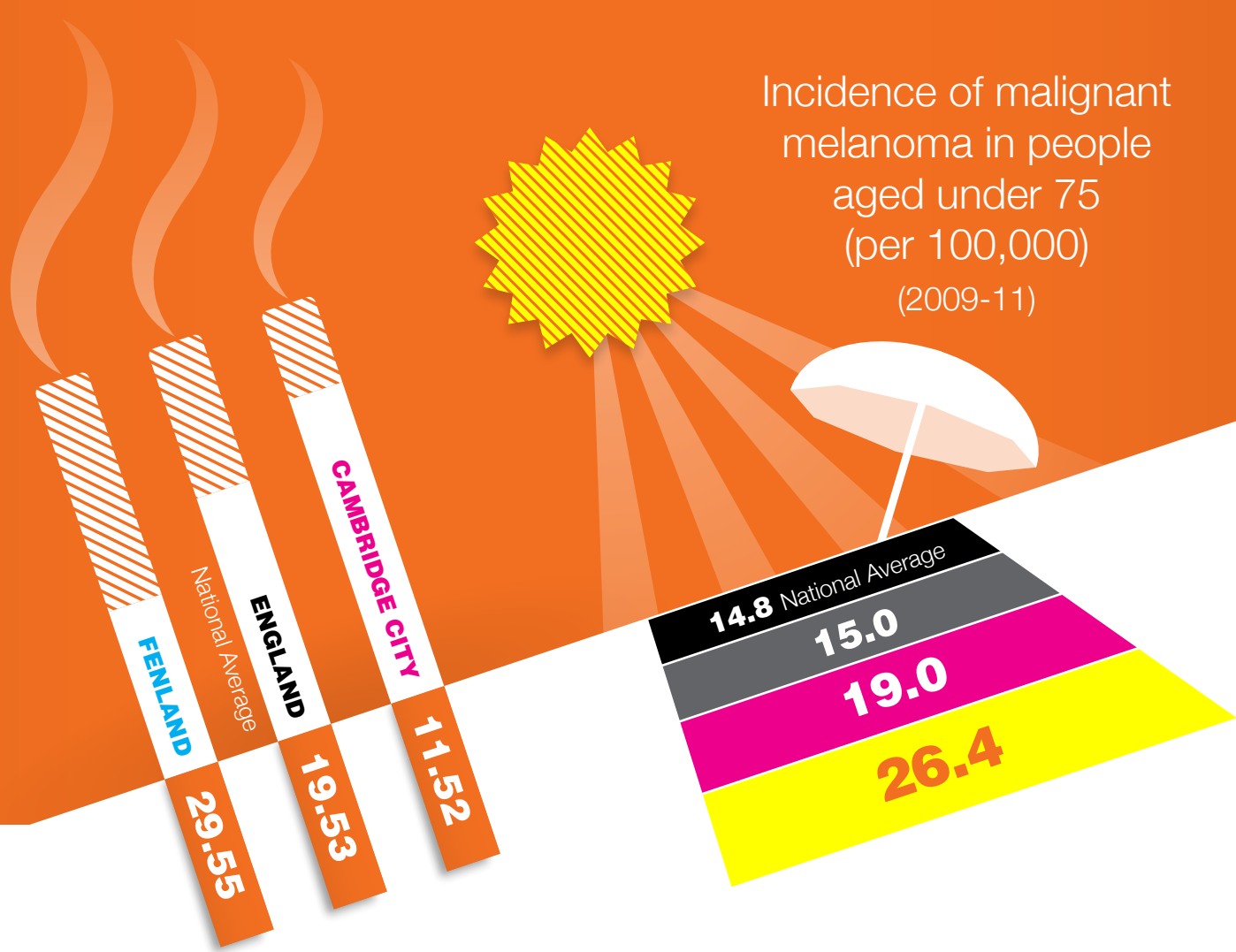
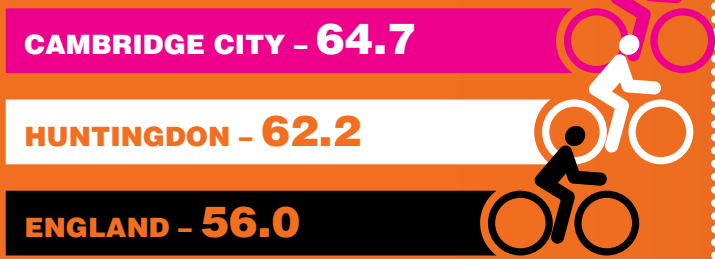
KEY:

# Cambridgeshire



Physically active adults (at least 150 mins per week) (%) (2012)

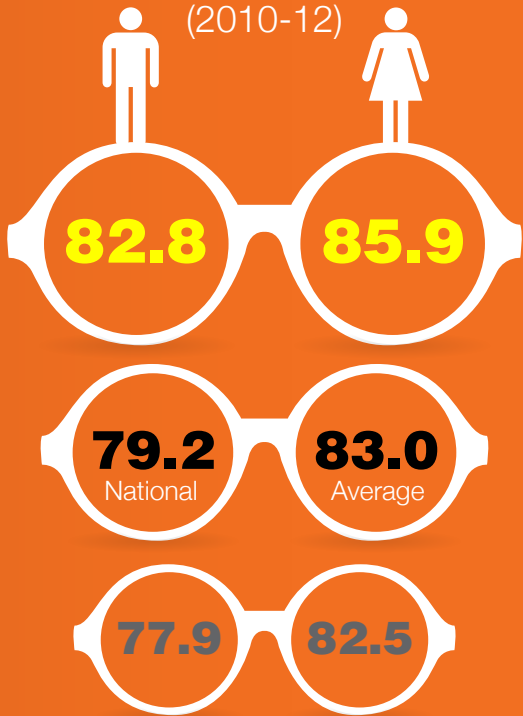
Number of persons aged 18+ who are self-reported smokers (%) (2012)



Incidence of malignant melanoma in people aged under 75 (per 100,000) (2009-11)

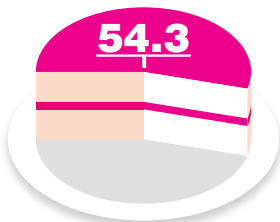
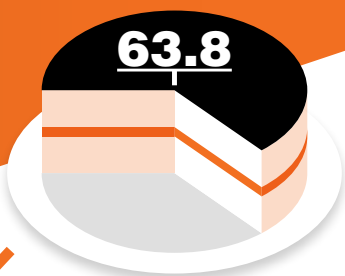
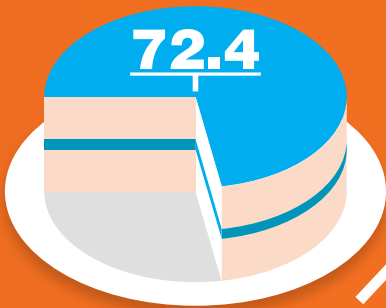
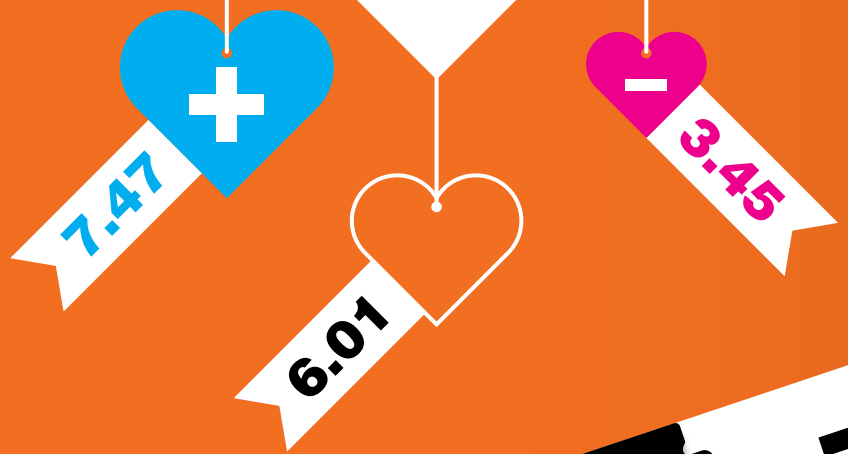
Life expectancy at birth (years)

(2010-12)



Patients registered with GP practices, with a coded diagnosis of diabetes and aged 17+ (%)

(2012)



Adults classified as overweight or obese (%)  
(2012)

National Average

England: 187.96

-24%

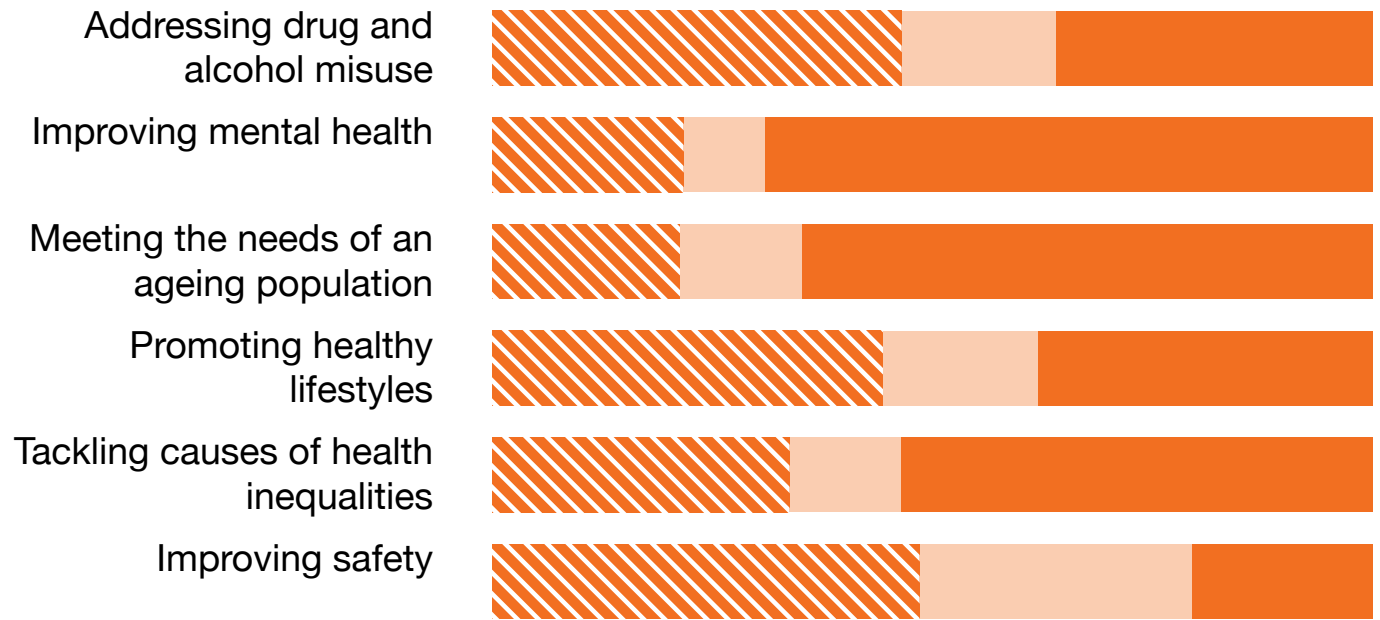
East Cambridgeshire: 143.68


+55%

Peterborough: 291.62

Hospital stays for self-harm (per 100,000) (2012-13)


**What interest and capacity, if any, does the local charitable sector have to do more to address the priorities listed (if additional funding was available)?**






**+/0**

Respondent felt there is modest or no capacity/interest



**?**

Respondent had no knowledge of the capacity and interest



**++**

Respondent felt there is significant level of capacity/interest

**How should CCF prioritise fund development and grant making around health and well-being?**

◀ ORDER OF PRIORITY ▶

**MENTAL HEALTH**

**OLD AGE**

**INEQUALITIES**

**HEALTHY LIFE**

**ALCOHOL/ DRUG MISUSE**

SAFETY

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To read more about Vital Signs® and the work of Cambridgeshire Community Foundation (registered charity 1103314) please visit our website [www.cambscf.org.uk](http://www.cambscf.org.uk)

