

Theme	Targeted Outcomes	Indicators
Advance people's physical and mental health, wellbeing and safety	Improve health (physical/ mental/ emotional)	<ul style="list-style-type: none"> <li>Number of activities promoting healthy lifestyles (e.g. healthy eating, smoking cessation etc)</li> <li>Number of people reported improved physical / mental / emotional health</li> <li>Number of people who participated in sport, exercise &amp; leisure activities</li> <li>Number of groups providing health-related activities</li> <li>Number of hours of sport, exercise &amp; leisure activities provided by projects</li> <li>Number of new hours of sport, exercise &amp; leisure activities provided by projects</li> </ul>
	Increase access to sport, exercise and leisure activities	<ul style="list-style-type: none"> <li>Number of activities available as part of the project</li> <li>Number of new activities available as part of the project</li> <li>Number of hours of sport, exercise &amp; leisure activities provided by the project</li> <li>Number of new hours of sport, exercise &amp; leisure activities provided by the project</li> <li>Number of groups providing health-related activities</li> <li>Number of people taking part in sport, exercise &amp; leisure activities as part of the project</li> <li>Number of new people taking part in sport, exercise &amp; leisure activities as part of the project</li> </ul>
	Reduce substance misuse and addictions	<ul style="list-style-type: none"> <li>Number of people accessing support services for addiction</li> <li>Number of recorded addicts in treatment as a result of the project</li> <li>Number of new recorded addicts in treatment as a result of the project</li> </ul>